

# THE GOLDEN TEAM

The Golden Team contains the highest amount of nutrition, light, and life obtainable from food and is the largest source of health of all foods. By adding the Golden Team into your daily diet, you will feel tremendous change in your physical and emotional well-being. You will have found the “Fountain of Youth”.

*The Golden Team consists of:*



**7 year Aged Red Wine**



**Olives or**



**Extra Virgin Olive Oil**



**Sprouted Wheat**



**Horseradish**



**Thyme**

Take the Raphaology Golden Team challenge and try adding these 5 foods to your daily intake for 21 days and “feel the difference” in your balance of hormones, emotions, clarity, relationships, and energy.